



# America's Clogging Hall of Fame Amended 12/2025

*Time Limits: No Minimums*

## Sanctioned Categories

### Traditional Categories

Country Hoedown	8 max
Southern Appalachian Hoedown	8 max
Smooth	8 max
Running Set Hoedown	8 max
Running Set Precision	8 max
4 Couple Precision	8 max
6 or 8 Cpl Precision	8 max

### Open Traditional Categories

4 or More Cpl Open Hoedown	5 max
4 or More Cpl Open Precision	3 max
Traditional Line	3 max
Traditional Line Formations	3 max

### Contemporary Categories

Line	3 max
Line Formations	3 max
Exhibition	3 max
Small Team Exhibition	3 max

### Open Contemporary Categories

Props Exhibition	3 max
Show	8 max
Acapella Team	3 max
Open Acapella Team	3 max

### Sanctioned Solos & Duos

Traditional Duo/Duet	3 max
Contemporary Duo/Duet	3 max
Show Duo/Duet	3 max
Choreographed Solos	2 max

### Freestyle Solos & Duos

Traditional & Contemporary	32 beats
Flatfoot	circle up
Acapella Solos	20 seconds
Acapella Duo/Duet	20 seconds
Short Duo/Duet	48 beats

Hoedown Categories -- Timing begins when the last dancer starts dancing and ends when the first dancer stops dancing.

Precision Categories -- Timing begins when the first dancer starts dancing and/or uses body movements, and ends when the last dancer stops dancing and/or uses body movements. (Knee bouncing doesn't signify the start of timing)

## *Age Divisions*

Team and Duo/Duets (age division determined by average age)		Traditional & Contemporary Freestyle Solos		Flatfoot, Acapella Solos & Duos, Short Duos
Tiny Tot	6 and Under	3 and under	16 to 19 years old	10 and under
Pee Wee	7-9 years old	4 to 5 years old	20 to 25 years old	11 to 15 years old
Elementary	10-12 years old	6 to 7 years old	26 to 31 years old	16 to 30 years old
Junior	13-15 years old	8 to 9 years old	32 to 40 years old	31 & over
Senior	16-18 years old	10 to 11 years old	41 to 50 years old	
Young Adult	19-29 years old	12 to 13 years old	51 and over	
Adult	30-50 years old	14 to 15 years old		
Senior Adult	51 and Over			

\*Age Divisions standard for all ACHF events. Males & females compete against each other in flatfoot & acapella

\*Age should be calculated as of January 1st of that competition year. Don't round up. Ex: 15.6 = 15

## General Rules & Information

### 1. Integrity Notice:

No competitor can be associated with the host team to compete in freestyle solo, choreographed solo, or duo competition or can be a family member to a judge presiding over a competition. Dancers with the host team may dance with teams they are affiliated with outside the host team who are competing at the competition. Scorekeepers may be associated with competitors, or competitors themselves, at an event as there is a paper trail of scores that can be audited.

2. Two levels of team competition - Challenge and Elite. Teams must be identified as "Challenge" or "Elite" by completing the team identification form in the directors portal prior to competing in their first qualifier of the year. Teams must remain in the same division during the current season and may not compete in both. Elite teams are those that have an advanced skill level or have won a national championship. Only 25% of the dancers in a challenge routine may be registered as elite dancers within another group - within their own team or with another team. Teams can dance in the challenge division for a maximum of two years or until they win a National Challenge title - whichever comes first. Teams having won a national title in any other clogging organization must register as "elite". Once a team competes as Elite, they can no longer go back down to compete as Challenge.

3. Freestyle solo/duo competitors must register with ACHF at least two weeks prior to competing to receive an assigned solo number for the current season. Directors must submit one solo registration for your team. Non-affiliated dancers may contact ACHF to register as independent. Dancers will receive an official ACHF number that will be theirs for all entries throughout the season. Cost is \$15 per dancer, short duos are \$15 total - additional copies may be requested at initial registration for \$5 each. If they lose their number during the year, they will need to request a new number before competing again (\$10 per number). Only official ACHF numbers may be used during competition. Numbers will be bulk mailed to directors to distribute.

Soloists can only compete in challenge OR elite during the season, not both. Once a dancer wins Grand Champion in challenge during the season, they must move up to Elite the following season. If they do not place in the elite category during the next season, they may move back down to challenge level at the completion of that season. There is only one category for Challenge level (former Novice), dancers do the style they are most comfortable with. Elite will be broken down into traditional and contemporary. Once a dancer wins Grand Champion in the Challenge division at Nationals they must remain in the Elite division indefinitely. Only Elite level solo grand champions at regional events will qualify for the male and female Opry dance-off at Nationals. Soloists having won a national title in any other organization must register as "elite".

4. Music and Dress must be age appropriate in all categories (at discretion of judges on scoresheet). Think School Dress Code: No fannies or cleavage should be showing for any reason. No Ragged clothing.
5. 5 judges are required (All must be ACHF certified) at all ACHF competitions. Highest and Lowest scores are dropped and the 3 middle scores are averaged. (Three judges may be used at the discretion of the Executive Board for small events)
6. The same 5 judges must judge an entire dance category. Different judges shall not be used for different age divisions for the same category. A Rules "Rep" Official will be in attendance and will have the final say regarding any rule infractions.
7. Point Deductions:
- 1 point deduction for improper number of dancers in routine
  - 1 point deduction for every 15 seconds, or portion thereof, exceeding the time limits given
  - 1 point deduction for each dancer not dressed correctly (Male position dancer must wear slacks In Smooth, Female position dancer may wear skirt or dress (slacks preferred by only required in Smooth)
  - 1 point deduction for placing dancers on stage EXCEPTION: Tiny Tot age division
  - 1 point deduction for "directing" off stage EXCEPTION : Tiny Tot age division

- f. 1 point deduction for not holding HOME position in Traditional Categories.
- g. 1 point deduction for couples not becoming active, if required, to perform small circle figures
- h. 1 point deduction for each required figure not performed and each corner/partner swing not performed when required in figure
- i. 1 point deduction for improper progression

8. Disqualifications:

- a. Use of alcoholic beverages or Unsportsmanlike or Obscene actions on premises of any ACHF event
- b. If a team dances in the wrong age division. Example: You register in Adult age division and dance, when your average age of your dancers that dance are really Young Adult. You will be disqualified. Verified by birth certificates that the director is responsible to have in their possession.
- c. Freestyle dancers may be disqualified by leaving the line before their official count out by the emcee, by blatantly cutting off a fellow competitor, or by displaying unsportsmanlike conduct.
- d. When a team registers one count of dancers and then at the competition puts more than what was registered on the stage and competes without notifying the competition director, you will be disqualified.
- e. Registering and competing in the wrong level, or with the incorrect ratio of challenge or elite dancers, will result in disqualification.
- f. Throwing materials/liquids requiring cleanup or making the surface slick.

9. Definitions:

- Progressive footwork/movements - in categories where progressive footwork or movements are allowed, all dancers must be a part of the progression by becoming active during the progression
- A figure in its most simplest form is defined by one complete circle rotation. Points for figures are given based on complexity and difficulty.

## National Championships

**Teams must place 1st, 2nd, or 3rd within each category and age division at two sanctioned competitions to qualify for the National Championships in October.** Directors must register teams under the same name for every regional event throughout the year for qualification purposes. If you have two groups from your team competing in the same age division against each other, you must clearly identify each group either with a unique name or by denoting "1" or "2". Event directors must also list these properly in the competition lineup and compete the groups by name accordingly.

**All Duo/Duet and Choreographed solo categories must compete at two sanctioned competitions (do not have to place) in order to compete at the National Championships.** Each highest scoring regional Grand Champion Choreographed Solo and Duo/Duet will dance off for the National Duo/Duet of the year at Nationals. A competition may choose to give grand champion awards for all three duo categories but only the highest scoring duo/duet from the event will qualify for the national dance off.

All traditional and contemporary grand champion male and female soloists will compete for ONE OVERALL award at Nationals - the Opry Solo Award. There will be no individual category dance off's for traditional or contemporary solos.

Regional Grand Champion Flatfoot Soloist, Acapella Soloist, Acapella Duos, and Short Duos will compete in a dance off at Nationals to determine the champion of the year.

Directors are responsible for collecting birth certificates from their dancers and having copies on-hand at events in case there is any question about their age division. Registration will be verified at each regional competition with the dancer's birth date on the registration form.

# TEAM CATEGORY RULES & GUIDELINES

## Country Hoedown And 4 Couple Precision

**Dancers** 4 Couples -- Any number of males and/or females

### **Figures**

- Traditional Southern Appalachian Mountain Figures
- Minimum of 2 different big circle figures (opening & closing). An additional big circle break figure must be used between the 2nd & 3rd small circle figures.
- Minimum of 4 different small circle figures with progression between each figure.
- Even AND Odd Couples must start small circle figures. Either even couples or odd couples may lead simultaneously when directed by the caller. If the caller has a single couple lead, then an additional big circle break figure must be performed when the single lead couple has returned to their home position.
- Corner/Partner swing required after each small circle figure. (Exceptions are figures not requiring a corner swing).

### **Dress Code**

- Traditional apparel required
- Dancer dancing male position should wear slacks (preferred but not required), Dancer dancing female position MUST wear dress or skirt.
- All outfits must be coordinated in material, style, and color. (couples should coordinate colors but are not required to color match rest of couples )
- No Fannies, No midriffs, No Cleavage, No ragged clothing.

### **Steps**

**Country :** Freestyle footwork using Southern Appalachian steps with rhythmic sound.

**4 Couple Precision:** Precision footwork. Traditional drag slide steps encouraged. Progressive steps are allowed.

### **Movement**

- Dancers must Not start simultaneously in Country Hoedown; Must start simultaneously in 4 Couple Precision.
- Couples must "square set" prior to doing 1st figure. (Identify HOME position by swinging partner).
- Progression must be on inside of set in a counter-clockwise direction.
- Quadrille - 4 couple square formation with 1 or 2 couples traveling. Inactive couples must hold a Home position.
- No dance lifts, pull through, splits, tosses, leaps, cartwheels, or flips are allowed.

**Music** Traditional music - No vocals

**Time Limit** 8 minutes max - no min

**For Country Hoedown,** Timing begins when the last dancer starts dancing, and ends when the first dancer stops dancing.

**For 4 Couple Precision,** Timing begins when dancers start dancing and/or use body movements, and ends when dancers stop dancing and/ or stop using body movements.

*Below is one Framework example of how a routine should flow.* This is one common order of dance for Country Hoedown. Several others are described in the Encyclopedia of Traditional Appalachian Square Dance.

- Couples must "square the set" prior to doing the 1st figure, meaning all couples must stop in their designed HOME positions in the squared set.
  - Once the square is set, the HOME position must be identified by each couple swinging their partner with a full swing
- Big Circle Figure # 1 (Opening Figure) -- All Couples Active
- Small Circle Figure # 1 :
  - Couple #1 (Odd Cpl) performs a small circle figure with Couple # 2(Even Cpl) by progressing counterclockwise inside the set to visit the Home position of Couple # 2; while at the same time, Couple # 3 (Odd Cpl) performs a small circle figure with couple # 4 (Even Cpl) by progressing counterclockwise inside the set to visit to Home position of couple # 4.
  - Corner/Partner swing
  - Couple # 1 (Odd Cpl) progresses counterclockwise inside the set to face couple # 4 (Even Cpl) at their Home Position; at the same time, couple #3 (Odd Cpl) progresses counterclockwise inside the set to face couple #2 (Even Cpl) at their Home position.
- Small Circle Figure # 2 :
  - Couple # 1 (Odd Cpl) performs a small circle with couple # 4 (Even Cpl) at the Home Position of couple #4; while at the same time, couple # 3 (Odd Cpl) performs a small circle with couple # 2 (Even Cpl) at the Home position of couple # 2.
  - Corner/Partner swing
  - Couple # 1 (Odd Cpl) progresses counterclockwise inside the set to their own Home position; at the same time couple # 3 (Odd Cpl) progresses counterclockwise inside the set to their own Home position.
- Break Figure -- An additional big circle break figure #2 must be used between 2nd & 3rd small circle figures.
- Small Circle Figure # 3 :
  - Couple #2 (Even Cpl) performs a small circle figure with couple #3 (Odd Cpl) by progressing counterclockwise inside the set to visit the Home position of couple #3; while at the same time, Couple # 4 (Even Cpl) performs a small circle figure with couple # 1 (Odd Cpl) by progressing counterclockwise inside the set to visit the Home position of Couple # 1.
  - Corner/Partner swing
  - Couple #2 (Even Cpl) progresses counterclockwise inside the set to face couple #1 (Odd Cpl) at their Home position; at the same time, Couple #4 (Even Cpl) progresses counterclockwise inside the set to face couple #3 (Odd Cpl) at their Home position.
- Small Circle Figure # 4 :
  - Couple #2 (Even Cpl) performs a small circle figure with Couple #1 (Odd Cpl) at the Home position of Couple #1; while at the same time, Couple # 4 (Even Cpl) performs a small circle figure with couple #3 (Odd Cpl) at the Home position of Couple #3.
  - Corner/Partner swing
  - Couple #2 (Even Cpl) progresses counterclockwise inside the set to their own Home position; at the same time Couple #4 (Even Cpl) progresses counterclockwise inside the set to their own Home position.
- Big Circle Figure # 3 (Closing Figure) -- All Couples Active

## Southern Appalachian Hoedown

Dancers 6 or 8 Couples -- Any number of males and/or females

### Figures

- Traditional Southern Appalachian mountain figures
- Minimum of 2 big circle figures
- Progression to the first small circle figure must be done from a big circle; therefore a big circle figure is required at the beginning of the routine.
- Minimum of 4 different small circle figures with progression between each figure.
- Even Couples Must hold Home position.
- Corner/Partner swing required after each small circle 4 figure. (Exception are figures not requiring a corner swing).

### Dress Code

- Traditional apparel required
- Dancer dancing male positions should wear Slacks, (preferred but not required) Dancer dancing female positions MUST wear dress or skirt.
- All outfits must coordinate in material, style, and color. (couples should coordinate colors but are not required to color match rest of couples )
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- No Fannies, No Midriffs, No Cleavage, No ragged clothing.

Steps                      Freestyle footwork using Southern Appalachian steps with rhythmic sound to include buck dancing and Flatfoot

### Movement

- Dancers must Not start simultaneously
  - Couples oriented dance while performing figures and formations.
  - Progression must be on the inside of set in a counter-clockwise direction.
  - Couples may not progress across the center of the set while performing small circle 4 figures. ○
- No dance lifts, pull throughs, splits, tosses, leaps, cartwheels, or flips are allowed.
- Progression led by Odd Couples MUST be COUNTER-clockwise within set
  - Lead/Head couple must be clearly identified from beginning of routine

Music                      Traditional music -- No vocals

Callers                      Figures must be called and heard within the set

Time Limit                      8 minutes max -- no min Timing begins when the last dancer starts dancing, & ends when the first dancer stops dancing.

## Smooth And 6 or 8 Couple Precision

Dancers 6 or 8 couples -- Any number of males and/or females

### Figures

- MUST use SICILIAN SETUP for small circle figures.
- Traditional smooth mountain figures.
- Minimum of 2 different big circle figures (opening & closing)
- Progression to the first small circle figure must be done from a large opening figure; therefore a large circle/opening figure is required at the beginning of the routine.
- Minimum of 4 different small circle figures with a progression between each figure
- Corner/Partner swing required after each small circle figure. (Exceptions are figures not requiring a corner swing).
- Even couples must hold a HOME position. If there is a large break figure between small circle figures then the Even Couples must return to their HOME position and the Odd Couples are required to progress.
- Please maintain the traditional look, feel and flow of a SMOOTH routine. Even though it is a precision routine it should not look like a production with every body part choreographed. This is one of the oldest dance forms and it should be preserved as such.

### Dress Code

- Traditional apparel required
- Dancer dancing male positions MUST wear slacks,
- Dancer dancing female positions MUST wear a dress or skirt.
- All outfits must coordinate in material, style, and color. (couples should coordinate colors but are not required to color match rest of couples )
- No Fannies, No Midriffs, No Cleavage, No ragged clothing.

### Steps

**Smooth:** Precision footwork. Gliding step on the ball of foot.

**6/8 Couple Precision:** Precision footwork. Traditional drag slide steps encouraged. Progressive steps are allowed.

### Movement

- Progression must be on the perimeter of the circle in a counter clock wise direction.
- Couples may Not progress across the center of the set while performing small circle 4 figures.
- Progression led by Odd Couples on the circumference of the set MUST be Sicilian
- Couple oriented dance while performing figures and formations.
- No dance lifts, pull through, splits, tosses, leaps, cartwheels, or flips are allowed.
- **Lead/Head couple must be clearly identified from beginning of routine**

Music Traditional music -- No vocals

Callers Figures Must be called and heard from within the set

Time Limit 8 minutes max - no minimum

**Smooth:** Timing begins when dancers start dancing and/or use body movements, & ends when dancers stop dancing and/or using body movements.

**6/8 Couple Precision:** Timing begins when dancers start dancing and/or use body movements, & ends when dancers stop dancing and/or using body movements.

## **Running Set Hoedown And Running Set Precision**

Dancers 4 Couples -- Any number of males and/or females

### Figures

- 1 Opening figure. 1 Closing Figure. These must be 2 different Big Circle Figures.
- 4 Different visiting couple figures (Corner/Partner swings not necessary) led by 4 different couples.
- Break figure occurs at the end of progression by the active couple when they return to home position in the circle.
- Couples must return to Home position after each Break Figure is performed.
- Column figures are not allowed.

Here is the framework of how the routine must flow :

- Big Circle Figure #1 (Opening Figure) - All Couples Active
- Couple # 1 performs a small circle figure with couples #2,3,4
- Break figure - All couples Active
- Couple #2 performs a small circle figure with couples #3,4,1
- Break Figure - All couples Active
- Couple #3 performs a small circle figure with couples #4,1,2
- Break Figure - All couples Active
- Couple #4 performs a small circle figure with couples #1,2,3
- Big Circle Figure #2 (Closing figure) - All Couples Active

### Dress Code

- Traditional apparel required
- Dancer dancing male positions should wear Slacks (preferred but not required), Dancer dancing female positions MUST wear dress or skirt.
- All outfits must coordinate in material, style, and color. (couples should coordinate colors but are not required to color match rest of couples )
- No Fannies, No Midriffs, No Cleavage, No ragged clothing.

### Steps

#### **Precision:**

- Precision footwork using Running Step
- Active couples must not stop with running step.
- Variation allowed - Inactive couples may perform some rhythmic motion with no break when again becoming active.

**Hoedown:** Freestyle footwork using Southern Appalachian steps with rhythmic sound.

### Movement

**Hoedown:** Dancers must not start simultaneously.

**Precision:** Dancers must start simultaneously.

- Progression must be on the inside of the set in a counter clockwise direction.
- No dance lifts, pull throughs, splits, tosses, leaps, cartwheels, or flips are allowed.

Music Traditional music - No vocals - **Running Set Precision can be danced acapella**

Callers Figures must be called and heard from within the set.

Time Limit 8 minutes max - no min

**Hoedown:** Timing begins when last dancer starts dancing and ends when the first dancer stops dancing

**Precision:** Timing begins when dancers start dancing and/or use body movements, & ends when dancers stop dancing and/or using body movements.



## **4 or More Couple Open Hoedown**

### Dancers

- Min of 8 dancers - Any combination of males and/or females.
- Must have an even number of couples

Figures      Traditional Southern Appalachian Mountain Figures  
Minimum of 1 big circle figure.  
Minimum of 2 different small circle figures.

Dress Code    All outfits must be coordinated in material and style.  
No Fannies, No midriffs, No Cleavage, No ragged clothing.

Steps          Freestyle footwork using Southern Appalachian steps with rhythmic sound including buck dancing and flatfoot.

Movement    Dancers must not start simultaneously.  
Couple oriented dance while performing figures and formations.  
No dance lifts, splits, tosses, leaps, cartwheels, or flips are allowed.

Music          Traditional music - No Vocals

Callers        Figures must be called and heard from within the set.

Time Limit    5 minute max.  
Timing begins when the last dancer starts dancing and ends when first dancer stops dancing.

## **4 or More Couple Open Precision**

### Dancers

- Min of 8 dancers - Any combination of males and/or females.
- Must have an even number of couples (ex: 4, 6, 8, 10, 12)

Figures      Traditional Southern Appalachian Mountain Figures  
Minimum of 1 big circle figure.  
Minimum of 2 different small circle figures.

Dress Code    All outfits must be coordinated in material and style.  
No Fannies, No midriffs, No Cleavage, No ragged clothing.

Steps          Precision footwork. Progressive steps allowed.

Movement    Dancers must start simultaneously.  
Progressive movements are allowed.  
Couple oriented dance while performing figures and formations.  
No dance lifts, splits, tosses, leaps, cartwheels, or flips are allowed.

Music          Traditional music - With or without vocals. Music breaks are allowed.

Callers        Figures may be called but not required.

Time Limit    3 minute max  
Timing begins when dancers start dancing and/or use body movements and ends when dancers stop dancing and/or using body movements.

## Traditional Line

Dancers Minimum of 4 dancers - Any combination of males and/or females

Figures Figures are not allowed

Dress Code

- Traditional apparel required
- All outfits must be coordinated in material, style, and color. **Don't let sequins/rhinestones or bling overshadow the outfit.**
- No Fannies, No Midriffs, No Cleavage, No ragged clothing.

Steps

- 100% precision footwork.
- Footwork must be Traditional style steps - drag slide clogging/buck dancing/flat foot
- No progressive steps are allowed.

Movement

- The dance must be choreographed for one but danced by many
- No hand, head, or body choreography from waist up
- All dancers must face the same direction at the same time. Dancers are not allowed to face each other in the same line.
- All lines must move in the same direction at the same time.
- Dancers must start and stop on stage. No clogging onto or off stage.
- No progressive movements. No dancing as couples, No rise & shine or individual dancing.
- No body contact is allowed.
- No stage movement that appears to be a stage production.
- ONLY feet may touch the floor.

Music Country, Bluegrass, or Traditional-style music only -- with or without vocals

Callers Dance must not be called or cued from on or off stage.

Time Limit 3 minute max  
Timing begins when dancers start dancing, & ends when dancers stop dancing. (knee bouncing doesn't signify start of routine)

## Traditional Line Formations

Dancers	Minimum of 4 dancers - Any combination of males and/or females
Dress Code	<p>Traditional Apparel Required</p> <p>All outfits must be coordinated in material, style, and color. <b>Don't let sequins/rhinestones or bling overshadow the outfit.</b></p> <p>No Fannies, No Midriffs, No Cleavage, No Ragged Clothing.</p>
Steps	<p>Precision Footwork. Must be Traditional style steps - drag slide clogging.</p> <p>Progressive steps are allowed.</p>
Movement	<ul style="list-style-type: none"><li>• The dance must be choreographed for one but danced by many</li><li>• No Hand, Head, or body choreography from the waist up</li><li>• No dancing as couples</li><li>• No Rise &amp; Shine/individual dancing</li><li>• No body contact is allowed.</li><li>• Trading of lines, twisting of lines, passing through lines, bending of lines, rotation,</li><li>• V's, columns, interaction of lines are allowed and encouraged</li><li>• No dancing onto or off stage. Dance must begin and end on stage.</li><li>• Only Feet may touch the floor.</li></ul>
Music	Country, Bluegrass, or Traditional-style music only - with or without vocals
Callers	Dance must not be called or cued from on stage or off stage
Time limit	<p>3 minute max</p> <p>Timing begins when dancers start dancing and ends when dancers stop dancing.(knee bouncing doesn't signify start of the routine)</p>

## Line

Dancers	Minimum of 4 dancers - Any combination of males and/or females
Figures	Figures are not allowed
Dress Code	All outfits must be coordinated in material, style, and color. No Fannies, Cleavage, or ragged clothing.
Steps	Precision footwork. Progressive steps are not allowed.
Movement	<ul style="list-style-type: none"><li>• The dance must be choreographed for one but danced by many.</li><li>• All dancers must face the same direction at the same time. Dancers are not allowed to face each other in the same line.</li><li>• No placing dancers onstage except for Tiny Tot Age Division.</li><li>• No cueing from OFF stage except for Tiny Tot Age Division.</li><li>• All lines must move in the same direction at the same time.</li><li>• Dancers must start from and end from set lines on stage.</li><li>• Dancers must start and stop on stage. No clogging onto or off stage.</li><li>• No progressive movements. No dancing as couples, No Rise &amp; Shine or individual dancing.</li><li>• No body contact is allowed.</li><li>• No stage movement that appears to be a stage production.</li><li>• Hand, Head, body movements are encouraged. Jazz &amp; floor movement are allowed. Don't overshadow footwork.</li></ul>
Music	Any type of music allowed. <u>NO OBSCENE OR NON_FAMILY ORIENTED LANGUAGE!</u>
Callers	Dance must Not be called or cued from on or off stage
Time Limit	3 minute max – No minimum Timing begins when dancers start dancing and/or use body movements and ends when dancers stop dancing and/or using body movements. (knee bouncing doesn't signify start of routine)

## Line Formations

Dancers	Minimum of 4 dancers - Any combination of males and/or females
Figures	Figures are not allowed
Dress Code	All outfits must be coordinated in material, style, and color. No Fannies, Cleavage, or ragged clothing.
Steps	Precision Footwork. Progressive steps are allowed.
Movement	<ul style="list-style-type: none"><li>• The dance must be choreographed for one but danced by many</li><li>• Dance must start and stop on stage. Dance must start from and end from set lines on stage. No clogging onto or off stage.</li><li>• No placing dancers onstage except for Tiny Tot Age Division.</li><li>• No cueing from OFF stage except for Tiny Tot Age Division.</li><li>• Progressive movements are allowed. No dancing couples. No rise &amp; shine/ individual dancing.</li><li>• No body contact is allowed.</li><li>• Trading of lines, twisting of lines, passing through lines, bending of lines, rotation, V's, columns, interaction of lines are allowed and encouraged.</li><li>• Hand, Head, body movements are encouraged. Jazz and floor movement are allowed.</li><li>• Don't overshadow footwork.</li></ul>
Music	Any type of music allowed. <u>NO OBSCENE OR NON_FAMILY ORIENTED LANGUAGE!</u>
Callers	Dance must Not be called or cued from on or off stage
Time Limit	3 minute max – No minimum Timing begins when dancers start dancing and/or use body movements, and ends when dancers stop dancing and/or using body movements. (knee bouncing doesn't signify start of routine)

## **Exhibition And Small Team Exhibition**

Dancers	<b><u>Exhibition:</u></b> Minimum of 5 dancers - Any combination of males and/or females <b><u>Small Team:</u></b> Minimum of 3 - maximum of 4 dancers - Any combination of males and/or females
Figures	No Figure Restrictions. <u>This dance may NOT be recognized as choreography that fits any other category</u>
Dress Code	All outfits must be coordinated in material, style, and color. No Fannies, Cleavage, or ragged clothing.
Steps	Precision footwork. Progressive steps are allowed.

### **Movement**

- Stage production numbers should be performed in this category.
- Progressive movements are allowed.
- Body Contact Is REQUIRED. (This is not a line form category with one touch. Body contact must be more than a simple touch. It must be coordinated into the routine as a group or partner variation such as a circle, line, partner turns, etc.)
- Any type of movement is allowed.
- Hand, head, body movements are allowed and encouraged.
- Lifts, pull throughs and stunts are acceptable.
- No props are allowed.
- All dancers and dance must start on stage but can clog on on/off stage during routine and all dancers do not have to end on stage.

Music	Any type of music allowed. <u>NO OBSCENE OR NON FAMILY ORIENTED LANGUAGE!</u>
Callers	Dance must Not be called or cued from on or off stage
Time Limit	3 minute max - No min Timing begins when dancers start dancing and/or use body movements, & ends when dancers stop dancing and/or using body movements. (Knee bouncing doesn't signify start of routine)

## **Props Exhibition**

Dancers	Minimum of 3 dancers - Any combination of males and/or females
Figures	No Figure Restrictions. <u>This dance may NOT be recognized as choreography that fits any other category</u>
Dress Code	All outfits must be coordinated in material, style, and color. No Fannies, Cleavage or ragged clothing
Steps	Precision footwork. Progressive steps are allowed.

### **Movement**

- Stage production numbers should be performed in this category.
- Dance must start and stop on stage. Can clog onto or off of stage.
- Progressive movements are allowed.
- Body Contact is REQUIRED.
- Any type of movement is allowed.
- Hand, head, body movements are allowed and encouraged.  
**Props Are REQUIRED. Every dancer MUST have a prop.**
- Lifts, pull throughs and stunts are acceptable.
- Props must be used throughout routine and cannot be placed on stage and left, else the prop becomes a stage prop which is SHOW category. One point will be deducted every time a prop is placed on the stage or dropped (by the Rep)
- Prop can be taken off stage and re-entered. If prop is not used, it must be taken off stage. (don't set it down on stage)
- Props can be traded, exchanged or tossed.
- All dancers and dance must start on stage but can clog on on/off stage during routine and all dancers do not have to end on stage.

Music	Any type of music allowed. <u>NO OBSCENE OR NON FAMILY ORIENTED LANGUAGE!</u>
Callers	Dance must Not be called or cued from on or off stage
Time Limit	3 minute max - No min - Timing begins when dancers start dancing and/or use body movements, & ends when dancers stop dancing and/or using body movements. (Knee bouncing doesn't signify start of routine)

## **Show**

Dancers	Minimum of 3 dancers - Any combination of males and/or females
Figures	No Figure Restrictions
Dress Code	Costumes should enhance the theme of the routine. No Fannies, Cleavage, or ragged clothing.
Steps	Minimum of 80% clogging steps. 20% any other type of steps.

### **Movement**

- Theme is required. Stage choreography is required. Must Not be recognizable of another category.
- Performance must tell a story.
- Creative Opening & Closing is required.
- Heavy Emphasis on creativity and showmanship ability to carryout story line.
- Stage props are allowed.
- Music, choreography, and costumes, must all blend to carry out a theme and tell a story.
- Any type of dance movement/style is allowed.
- All participants must CLOG at some point.

Music	Any type of music allowed. <u>NO OBSCENE OR NON-FAMILY ORIENTED LANGUAGE!</u>
Callers	Dance must Not be called or cued from on or off stage
Time Limit	8 minute max Timing begins when the first dancer starts dancing and/or uses body movements, & ends when the last dancer stops dancing and/or using body movements. (knee bouncing doesn't signify start of routine)
Setup Time	3 minutes to setup and 3 minutes to take down

## **Acappella Team**

Dancers	Minimum of 4 dancers - Any combination of males and/or females
Figures	No Figure Restrictions
Dress Code	No Fannies, Cleavage, or ragged clothing. Coordinated, Neat and Clean Uniform or Costume, Clogging Shoes
Steps	<ul style="list-style-type: none"><li>• Precision footwork. Steps are performed on the same foot</li><li>• Dancers must start together and end together.</li><li>• No props are allowed.</li><li>• All sound must be created by feet and hands.</li></ul>
Movement	Dance must start from and end on stage. No dancing on or off stage.
Music	No music is allowed.
Callers	A caller may cue the dance on stage to begin the routine <u>ONLY</u> . No other cues/calls are allowed.
Judging	Judges will watch but will still judge the clarity & intricacy of performance. Judges will deduct for missed steps, stopped dancing, faking steps & execution of steps. Judges give points for Sound, Rhythm, Melody, Skill, Choreography & complexity of steps.
Time Limit	3 minutes max Timing begins when dancers start dancing, & ends when dancers stop dancing (knee bouncing doesn't signify start of routine)

## **Open Acappella Team**

Dancers	Minimum of 4 dancers - Any combination of males and/or females
Figures	No Restriction to figures Figures are allowed & encouraged. Any figure is allowed & encouraged.
Dress Code	All outfits must be coordinated in material, style, and color. No Fannies, Cleavage, or Ragged clothing.
Steps movements (lines, body, etc) are allowed.	<ul style="list-style-type: none"><li>• Footwork can start with one or more dancers or the whole group collectively. Progressive steps and/or</li><li>• Sound may come from feet, hands, vocals, or props</li></ul>
Movement	<ul style="list-style-type: none"><li>• Dance must start from &amp; end on Stage. No dancing on or off stage.</li><li>• Claps, Hand, Head &amp; Body movement are allowed &amp; Encouraged.</li><li>• Teams can dance as Couples and/or Individuals (Both are encouraged).</li><li>• Where the Lines may twist, bend, rotate, trading of lines, V's, columns and boxes are allowed and encouraged. (No restrictions on formations)</li><li>• Creativity in choreography plus great Sound &amp; Energy is the focus.</li><li>• No dance lifts, pull through, splits, tosses, leaps, cartwheels, flips.</li></ul>
Props	Props allowed
Music	No music allowed
Callers	A caller may cue the dance on stage to begin the routine <u>ONLY</u> . No other cues/calls are allowed. Chants allowed during routine.
Judging	Judges will watch & judge the Sound, clarity, complexity, rhythm, and intricacy of performance as well as how the claps, hand, head and body movement compliment the overall sound and Footwork.
Time Limit	3 minute max Timing begins when dancers start dancing and/or use body movements, & ends when dancers stop dancing and/or use body movement. (knee bouncing doesn't signify start of routine)

# DUO AND SOLO RULES & GUIDELINES

## **Traditional Duo/Duet**

Duo Couple -- Male/Male or Female/Female

Duet Couple - Male/Female

### Dress Code

- Traditional apparel required - Male must wear slacks. Females may wear slacks, dress, or skirt.
- Outfits must be coordinated in material, style, and color.
- No Fannies, No Midriffs, No Cleavage, No ragged clothing.

### Steps

- Precision Footwork.
- Traditional drag slide steps are required; includes buck dancing and flat foot.
- Progressive steps are allowed.

### Movement

Use the whole stage. Do Not separate from your partner and dance across the stage from each other. No clogging onto or off stage. Dance as a couple holding hands as much as possible using plenty of arm turns. Dance WITH EACH OTHER -- not just to the audience.

Music: Country, Bluegrass, or Traditional-style music Only, with or without Vocals.

Time Limit 3 minute max - NO min  
Timing begins when dancers start dancing and/or use body movements, and ends when dancers stop dancing and/or using body movements.

## **Contemporary Duo/Duet**

Duo Couple -- Male/Male or Female/Female

Duet Couple - Male/Female

### Dress Code: Any Type of costumes.

- Outfits must be coordinated in material, style, and color.
- No Fannies, No Midriffs, No Cleavage, No ragged clothing.

Steps: Precision Footwork. Any type of clogging steps are allowed. Progressive steps are allowed.

### Movement

- Use the whole stage ( all 4 quadrants).
- Do Not separate from partner and dance across the stage from each other except for a short period of time.
- No clogging onto or off stage. Dance as a couple holding hands as much as possible using plenty of arm turns. (includes Male/male) Dance WITH EACH OTHER -- not just to the audience.

Music: Any type of music. NO OBSCENE OR NON-FAMILY ORIENTED LANGUAGE!

Time Limit 3 minute max - NO min  
Timing begins when dancers start dancing and/or use body movements and ends when dancers stop dancing and/or using body movements.



## **Show Duo/Duet**

Dancers 1 Couple -- Male/Female or Male/Male or Female/Female

Dress Code Should Coordinate with the theme and/or story line.

- Outfits must be coordinated in material, style, and color.
- No Fannies, No Midriffs, No Cleavage, No ragged clothing.

Steps: Minimum of 80% clogging required. 20% other steps allowed.

Theme is required. Stage Choreography is required.

- Creative opening & closing is required.
- Heavy Emphasis on creativity and showmanship
- Stage props are allowed.

Music, choreography, and costumes must all blend to carry out a theme.

Any type of dance movement is allowed. Dance WITH EACH OTHER -- not just to the audience.

Music: Any type of music. NO OBSCENE OR NON-FAMILY ORIENTED LANGUAGE!

Time Limit 3 minute max – NO min Timing begins when dancers start dancing and/or use body movements, and ends when dancers stop dancing and/or using body movements.

Setup Time 1 minute

## **Choreographed Solos**

Dress Code Should Coordinate with Use of Music

Steps Minimum of 80% clogging required.

Movement Theme IS NOT REQUIRED

Clarity of Steps/ Complexity & Sound of Steps

Heavy emphasis on creativity and showmanship along with other dance forms (tap, jazz, hip hop, etc.) Stage props are allowed.

Use of stage and 4 quadrants.

Any type of movement is allowed. Please keep it Family oriented. Should not be danced as a

line ` dance.

Music Any type of music. NO OBSCENE OR NON-FAMILY ORIENTED LANGUAGE!

Time Limit 2 minute max – NO min Timing begins when dancer starts dancing and/or use body movements and ends when the dancer stops dancing and/or using body movements.

Setup Time 1 minute

# **FREESTYLE SOLO/DUO RULES & GUIDELINES**

**Dress Code: No Fannies, cleavage, or ragged Clothing**

**Steps: No award will be given for performing the wrong type of steps in any category.**

## **Traditional, Contemporary, & Flatfoot Solos**

- Time limit will be 32 beats of music in line and again on Rise & Shine
- Dancers must remain in line until counted off for individual rise & shine. Going out before your time, not returning to the line after your 32 beats, or blatantly cutting off a fellow competitor may result in disqualification by any judge
- Any type of steps is allowed in Contemporary.
- Only Traditional drag slide and buck steps are allowed in Traditional.
- Only old time drag, rhythmic steps are allowed in Flatfoot.
- Dancers will line up on stage facing judges.
- When music begins, start dancing and "Go for it".
- Each dancer will have an opportunity to Rise & Shine beginning with the dancer on your right.
- Return to the line on your left. When Rise & Shine is complete,
- All dancers "Go for it" until the music stops.

## **Acapella Solos/Acapella Duo/Duet**

- Time limit will be 20 seconds
- Any type of steps is allowed
- This is a dance of sound, rhythm and melody
- Emcee will give numbers to judges and cue dancers to start. Timing begins with the dancer's first step/sound.
- The dancer will stop dancing on Emcee's cue. Failure to stop at the end of the current step may result in disqualification by the judges
- Dancer(s) may use claps

## **Short Duo/Duet**

- Time limit will be 48 beats (six 8 counts) line and again on Rise & Shine.
- Any type of steps are allowed.
- When music begins, start dancing and "Go for it" as a couple.
- Each couple will have an opportunity to Rise & Shine beginning with the couple on your right.
- Return to the line on your left.
- When Rise & Shine is complete, all couples "Go for it" till music stops.